

Botanical Information:

Brinker, Francis. *Herbal Contraindications and Drug Interactions* 4th ed.

Elias, Thomas. *Edible Wild Plants*

Elpel, Thomas J. *Botany in a Day: The Patterns of Plant Identification*

Foster, Steven and James A. Duke. *Peterson Field Guide to Medicinal Plants and Herbs of Eastern and Central North America*

Green, James. *The Herbal Medicine-Maker's Handbook: A Home Manual*

Grieve, Margaret. *A Modern Herbal*, 2 vols.

Hobbs, Christopher and Steven Foster. *A Peterson's Guide to Western Medicinal Plants and Herbs*

Kurz, Don. *Ozark Wildflowers*

Meuninck, Jim. *Medicinal Plants of North America: A Field Guide*

Pengelly, Andrew. *The Constituents of Medicinal Plants*

Peterson, Lee Allen and Roger Tory Peterson. *Edible Wild Plants: Eastern/Central North America*

[Mountain Rose Herbs, mountainroseherbs.com](http://mountainroseherbs.com) – great resource for bulk herbs, ingredients, and already made herbal preparations. They have a wonderful blog too.

[A Modern Herbal, botanical.com](http://botanical.com) – an online version of Margaret Grieve's *A Modern Herbal*